

Me: Health and Wellbeing		Us: Relationships		All: Living in the Wider World		
Autumn Term - Weekly PSHCE lessons			Spring and Summer Terms - Fortnightly PSHCE lessons			
8	8.1 Introduction - Welcome Back - Mental Health Intro	8.8 Assertiveness	8.14 Influence of Media	C2 Stereotyping and Discrimination	C3 Understanding Money	8.21 Knife Crime
	8.2 Mental Health: Symptoms and Support	8.9 First Aid				
	8.3 Mental Health: Healthy Relationships	8.10 Alcohol	8.15 Sexting	8.17 Review of Learning Quiz	8.18 Political Parties	8.22 Being a Good Man Recap
	8.4 Mental Health: Healthy Relationships Continued	8.11 Healthy Relationships				
	8.5 Mental Health: Hope	8.12 Buying Online	8.16 Grooming and Radicalisation		8.19 Criminal Law	8.23 End of Year Review
	8 Careers 1 KUDOS					
	8.6 Mental Health: Hope and Community	8.13 Minimum Wage			8.20 Understanding Campaigns	
	8.7 Mental Health: Relationship Breakdown & Assessment					